

**FREE**

Vol. 23

Issue 41/12

Good luck to everyone involved in



The 36th Kinsale Gourmet Festival

Friday 12th - Thursday 18th Oct 2012



# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com) :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)

## What's Happening @ The Blue Haven Collection, Kinsale



### The 36th Kinsale Gourmet Festival

The Blue Haven Collection Music Line Up this Gourmet Weekend, Friday 12th-14th October:

#### THE BLUE HAVEN

Tonight- Sons of Steve Mc Queen  
Sat: Sharon Crosbie  
Sun: Elly and Friends

#### HAMLETS CAFÉ BAR

Tonight: DJ Rayz  
Sat: Crazy Chester  
Sun: Crazy Chester

### Comedy with Barry Murphy

From RTE's Après Match, with Willie White.

Thursday 18th October

Tickets €25 on sale at reception or online [www.bluehavenstore.com](http://www.bluehavenstore.com)

### Every Sunday - Spit Roasts

at The Blue Haven for something different for your Sunday lunch -Mouth watering food fresh from our Spit Roast

**Coyote Night at Hamlets Café Bar Fri 19th Oct with former Miss World: ROSANNA DAVISON!!!**

**Comedy with Brendan Grace Thur 1st Nov**

Tickets €30, available online [www.bluehavenstore.com](http://www.bluehavenstore.com)

**Halloween Party @ Hamlets Sat 3rd Nov**

Fancy Dress- Spooky night! Free Admission

**80's Party @ Hamlets Fri 23rd Nov**

**Christmas Parties bookings now being taken!**

Accommodation Packages - Dinner - Pig on a spit  
Live music & more. To book call 021-4772209

Tel: 021-4772209 [www.bluehavencollection.com](http://www.bluehavencollection.com)

Online Store Sale on Gift Vouchers at The Blue Haven Collection. Purchase a voucher online for The Blue Haven Collection and get

**20% off for 48 hours only! Tuesday 16th & Wed 17th Oct**

[www.bluehavenstore.com](http://www.bluehavenstore.com)

Don't miss it!!!



*Relax, Unwind, Escape @*

# Actons Health & Fitness Club

Tel: 021 4772345 E: [leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com)



Join Actons Health & Fitness Club  
**FROM AS LITTLE AS**  
**€40 per month**

Pool, Sauna, Steam Room, Spa, Gym & Fitness assessments inc.  
Call in today for more info. Open to non-members pay as you go.



**\*\*\* SPECIAL OFFER \*\*\***

Mini Flourish

Facial & Lash/Brow tint (60 mins)  
**ONLY €50**

\* Includes complimentary use of facilities before your treatment.



## FITNESS CLASSES

Available to Members & Non-members

- Water Aerobics • Pilates • Pilates Ball
- Private & Group Swimming lessons Sue 086 3828463
- Bec's Body Blast: Tues & Wed 7pm-7.45pm
- Post Natal Pilates • Vinyasa Yoga



Terms and conditions apply

Due to hotel refurbishments parking in Acton's car park will be restricted.

## ACTON'S HEALTH & FITNESS CAR PARK IS FOR CLUB USERS ONLY!

Members with motor transport please avail of your pass at the Leisure Centre reception & leave it on your dash. The cars with no pass will be clamped. We apologise for any inconvenience caused.

Thank you for your co-operation during this time.



Booking/enquiries please call the club on 021 4772345  
or e-mail [leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com)

For Pamper Breaks visit [www.actonshotelkinsale.com](http://www.actonshotelkinsale.com)



ACTONS HEALTH  
& FITNESS CLUB  
KINSALE

# EVERYMAN

MacCurtain Street, Cork

T 021 4501673



## ABBA THE SHOW

Tuesday 16 October

## PHANTOM AND THE MUSICALS

Wednesday 17 October



## GET BACK: STORY OF THE BEATLES

Thu 18 – Sat 20 October



All Shows 8pm | Tickets €25\*

Bookings:

[www.everymanpalace.com](http://www.everymanpalace.com)

Tel: 021 4501673

Telephone & internet bookings are subject to a handling fee

\*Concessions available for Abba and Phantom

# Mario's Pizza

EAT IN / TAKE AWAY

Chipper - Pizzeria

## --- Special Offers ---

Buy any Pizza - get a Free Drink or Chips

Buy any 2 Pizzas - get the 2nd Half Price\*

SPECIAL OFFERS VALID FROM MONDAY - THURSDAY, NOT VALID FOR DELIVERY

Open every day from 4pm til late

Delivery services available from Sunday to Thursday til 10pm in Kinsale

Free delivery on orders over €25 - All the food is cooked to order

**For call & collect or delivery services tel: 021 477 4166**

\* applies to the cheapest one

## The Spaniard

Scilly, Kinsale

~ *Live Music* ~

Friday 12th October

**Martin & Friends, 9pm**

Saturday 13th October

**For Folk Sake, 9.30pm**

Wednesday 17th October

**Our Famous Trad Sessions**

with Tom - All musicians welcome!!!

~ *Bar & Restaurant* ~

Lunch 12pm-3pm, Mon-Fri, Food All Day, Sat & Sun  
Restaurant Open 6pm Nightly, All Menus Available

~ *Private Parties Catered For* ~

Tel: 477 2436 [www.thespaniard.ie](http://www.thespaniard.ie)

## Fasttrack Broadband

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broadband in your area!

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- Ballinadee
- Ballinaspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
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Packages starting from €23.50 per month

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Ballinadee, Bandon, Co. Cork

email: [info@fasttrackbroadband.ie](mailto:info@fasttrackbroadband.ie)

web: [www.fasttrackbroadband.ie](http://www.fasttrackbroadband.ie)

# COYOTE NIGHT



**FRI 19th  
OCTOBER  
9pm**

**LIVE DJ  
COYOTE DANCERS  
DRINKS PROMOTION  
AND LOTS OF FUN!**



**FORMER MISS WORLD  
ROSANNA DAVISON**



**Fantastic fun filled night so don't miss it  
FREE ADMISSION**

021-4772939 [www.hamletsofkinsale.com](http://www.hamletsofkinsale.com)  
The Glen, Kinsale, Co. Cork

# *The Speckled Door*

Old Head, Kinsale. T: 021 477 8243 [www.speckleddoor.com](http://www.speckleddoor.com)

**Spectacular Views of Kinsale Harbour**  
from bar, restaurant, patio & beer garden!



**10 minutes drive from Kinsale**  
Ample Parking & Wheelchair Facilities.

## **Food Served 7 Days**

12.30pm - 7.45pm  
~ **Seafood & Steaks A Speciality** ~  
Also Kid's Menu & Selection of Sandwiches

### **Kinsale Voice Training Centre** **NEW**

...Do You Like To Sing?  
...Want To Present With Confidence, Strength & Power ?

#### Join A 5-Week Workshop Programme: **ENABLE YOUR VOICE**

How To Keep Your Voice Fit & Healthy  
Breathing / Posture / Movement  
Projection / Delivery  
Six Elements Of Vocal Variety  
Vocal Support Exercises  
Voice - Gym  
Articulation / Proficiency

#### **GROUP WORKSHOPS**

Fridays: Beginners 5.30pm-7.00pm

Fridays: Intermediate 7.00pm-8.30pm

E: [marymacsweeneyopera@hotmail.com](mailto:marymacsweeneyopera@hotmail.com)

Ph: 086 8474479

Learn The Tools To Best Use Your Voice With

**Mary Macsweeney** (B.A H.Dip, Gsmld)  
International Voice Coach

at Yoga Centre Kinsale, 68 Lower O'Connell Street, Kinsale

### **JIM EDWARDS** BAR & RESTAURANT



**Food Available All Day from 12pm**

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu  
2 Courses: €20  
3 Courses: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch  
€23.90 (4 Course)



**Tel: 021 477 2541**

[www.jimedwardskinsale.com](http://www.jimedwardskinsale.com)

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\*Excellent Ensuite Accommodation\*



The only full service Salon in Kinsale

# KINSALE

## Massage, Beauty, Hair & Nail Salon

By Anika  
&  
Sandra

Tel: 087 783 9626 [www.kinsalebeautysalon.com](http://www.kinsalebeautysalon.com)

~ Open Monday to Saturday ~



### NEW INTENSIFIT

The new generation of vibrational trainers (only 10 mins a day for sufficient full body workout)

Do you "hate" exercise – and need to lose weight and tone up? Or do you have bad circulation and need more energy?

**10mins - €5**

Then the 'INTENSIFIT' Trainer is the answer.

#### Benefits:

- ...helps your body to detox and improve mood
- ...improves blood circulation – speeds up metabolism
- ...shapes and defines muscles
- ...reduces body fat and helps to lose weight.

**For best results – 3 sessions a week**

### Thermo Acupressure Massage Bed

(a Medical Aid)

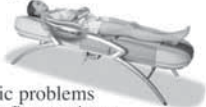
**Treatment takes 40min - €20**

#### Effects:

- Light Therapy • Heat Therapy
- Massage • Acupressure

#### Recommended...

- ...in musculoskeletal disorders
- ...in spinal conditions, rheumatic problems
- ...for the treatment of internal inflammations
- ...in skin conditions (psoriasis, eczema, moles)
- ...in osteoporosis
- ...in allergy, asthma, chronic rhinitis
- ...for weight loss
- ...for immunostimulation
- ...for improving eyesight
- ...for migrainous headache



**Now with 2 extra therapists on Fridays & Saturdays**

*...to meet your massage needs*

~ Beauty ~

### NEW MESOSTYLE FACIAL ...only €65

Mesotherapy treatment without needles! Facelifting, skin rejuvenation with electroporation. The Mesotherapy treatments are the most effective way to penetrate active ingredients into the deep layer and cells of the skin.  
(6 sessions for the price of 5)

### MICRODERMABRASION FACIAL ...only €50

With free eyelash tint and eyebrow shape

### EYELASH, EYEBROW TINT & SHAPE ...only €18

All waxing services at reasonable rates

~ Massages ~

### BACK-NECK- SHOULDER

(30min) only €20

### MULTI-VITAMIN FULL BODY MASSAGE

(60min) only €40

### SWEDISH MASSAGE

(60min) only €40

### DEEP TISSUE MASSAGE

(60min) only €40

### SPORT MASSAGE

(60min) only €40

### GOLFERS MASSAGE

(60min) only €50

~ Nails by Diana ~

### SPA MANICURE

only €15

### SPA PEDICURE

only €35

### SPA PEDICURE & MANICURE

only €45

### GEL VARNISH

(lasts up to 3 weeks)  
only €25

### GEL/ACRYLIC FULL SET

only €45



Céad Mile Fáilte to the participants of  
The 36th Kinsale Gourmet Festival  
October 12th- 14th 2012, from all at...

# The White House

FULLY LICENCED GUESTHOUSE & BAR



AA ROSETTE



Fáilte



**Breakfast Served**  
from 8am-12noon

**Food Served Daily**  
12noon-10pm

~ **Special Set Menu** ~  
3 Courses € 25 / 2 Courses € 20

~ **Live Music** ~

Friday 12th October:

**Shane & Friends** 9.30pm

Saturday 13th October:

**The Big Ordeal** 10.30pm

Thursday 18th October:

**Shane & Friends** 9.30pm

Your hosts The Frawley Family & Staff

T: 021-4772125

www.whitehouse-kinsale.ie

## The Market Garden

Pearse St., Kinsale. Tel: 021 477 4574

**Dried Fruit, Spices & Herbs**  
Available for all your  
Christmas Baking

General Grocery Specialising in Fresh Fruit & Vegetables  
Open: Mon-Sat 9am to 6pm

## The 36th Kinsale Gourmet Festival

~FRIDAY 12th OCT~

### 3pm, Cook Off on Short Quay

Sponsored by Pallas Foods, Join Derek Davis with the Good Food Circle chefs (big & small) ...millionaires and students, as they show off their skills and sample some of their wares. **This is a FREE EVENT, there will be a collection for Kinsale & District Lions Club on the Day.**

6.30pm, Taste of West Cork Dining Experience  
& Laurent Perrier Black Tie Ball

~SAT 13th OCT~

11.30am, Mad Hatters  
Taste Of Kinsale

~SUN 14th OCT~

Fruits de Mer  
from 1pm

#### Participating Restaurants:

(Bookings being taken at all GFC restaurants for evening dining)  
Restaurant d'Antibes @ The White House, The Blue Haven,  
Crackpots, Jim Edwards, Max's, Man Friday, Fishy Fishy,  
Pier One @ Trident Hotel, Toddies @ The Bulman, White Lady

[www.facebook.com/Good.Food.Circle](http://www.facebook.com/Good.Food.Circle)

Tel: 021 4773571 [www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)

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# The Folk House

Music Venue Guardwell - T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)



## CHECK OUT OUR... **WORLD BEERS MENU**

**UNRIVALED SELECTION INC:**  
Fuller's Honey Dew Lager,  
O'Hara's IPA, Old Speckled Hen,  
Hobgoblin Ale,  
London's Pride Ale

**NEW ON TAP:**  
O'Hara's Red Ale,  
Stowford Press Westons Cider  
Jennings' Slap & Tickle,  
Metal Man Cask Ale,  
8° Howling Gale, Abbot Ale,  
Carrig Irish Craft Lager

### ---LIVE MUSIC---

**FRI 12th CRAZY CHESTER**  
5 Piece American Rock & Folk, Originals & Covers

**SAT 13th UNCHARTED**  
4 Piece Rock & Contemporary Covers

**SUN 14th THE DIPLOMATS**  
5 Piece Jazz, Blues and Rock n'Roll

**THURS 18th THE BLUEJAYS**  
5 Piece Jazz & Blues

**FRI 19th NATALIE DREY**  
4 Piece French Touring Contemporary Rock Band

**SAT 20th THE HOUNDOGS**

**Jazz Weekend 2012**  
October Bank Holiday Weekend - See inhouse for details

...ALSO UNRIVALED  
**WHISKEY**  
SELECTION!



**ALL SPORTS  
SHOWN  
ON 2 BIG SCREENS**

**ALL PARTIES  
CATERED FOR  
GREEN ROOM  
FROM 3 TO 300**

# Bacchus Nightclub

Guardwell Kinsale

**FRI 12th OCT - DJ GARIAN**  
90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

**SAT 13th OCT - DJ SEAN**  
All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

**THURS 18th OCT - DJ MARK**  
All the Old & New Classics. Doors 11:30pm - Free All Night

# The Huntsman

Bar & Restaurant, Belgooly

Tel: 021 477 0666

www.thehuntsmanbelgooly.com



## Serving Delicious Home Cooked Food Daily

12.30pm-8.30pm, 7 Days A Week

**Sunday Lunch a Speciality**

-€-

### All Day Breakfast

Every Saturday Until 6.30pm

### Heineken Cup Match Special

Burger & Pint €12.50

### See Our NEW Set Menu

Thurs to Sat, from 6.30pm

2 Courses: €20 3 Courses: €25

### Private Parties Catered For

Full menu available & private bar facilities

-€-

### Coming Soon:

Sun 28th Oct: Grainne Long

**HERBALIFE.**  
 Independent Distributor

**Affordable and effective**

- Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness - introducing BRAND NEW H24!!!
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# Cobra



*Tandoori Et Balti Restaurant*

*Kinsale*

69 Main Street, Kinsale.

Tel: 021 477 7911 or 021 477 7163

*Clonakilty*

37 Ashe Street, Clonakilty.

Tel 023 8835957 or 023 8836626

**A Classical Eastern Touch**

**Multi-award winning best Indian & Pakistani Cuisine**

You can enjoy our super, authentic home cooked & guaranteed mouth watering Indian & Punjab dishes from Goa to Khyber Regions - All prepared and cooked to the highest quality - with FREE boiled or pilau rice with every main course dish.

We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

**Why not try something very mild for your first taste of curry.  
We are sure you will be delighted.**

**EARLY BIRD  
SPECIAL MENU**

Sunday to Thursday  
4pm to 7pm

**COBRA TANDOORI  
KEBAB  
SPECIALS**

Take Away & Delivery Menu

**FREE DELIVERY IN THE KINSALE AREA**

Opening Hours: 4.00pm - 11.30pm, 7 Days A Week



# Bulman Bar & Toddies Restaurant

SUMMERCOVE, KINSALE

Bon Appétit to everyone in  
the Kinsale Gourmet Festival

~ *Live Music* ~

*Saturday 13th October*

**iFunk** from 10pm

*Sunday 14th October*

**Sweet As** from 8pm



Bulman

~ **Bar Food** ~

Served 7 Days, 12.30pm-5pm

Bulman

~ **Bites Menu** ~

Served in the bar  
Tues-Sat 6-9pm

Toddies

~ **Restaurant** ~

A la Carte menu  
Tues-Sat, 6pm-9.30pm

**T: 021 477 2131**

[www.thebulman.ie](http://www.thebulman.ie)



## Positive Balance

NEW SLIMMING  
& HEALTHY EATING  
WEIGHT LOSS CLUB

Starting:

Wednesday 17th Oct @ 10am

& Friday 19th Oct @ 6pm

1. You will be given information on your diet and nutrition.
2. Help to create a fit slim exercise plan
3. Weekly weigh in with measurements & bmi estimates
4. Your own target set for 6 wks
5. Motivation & encouragement from a small class of fellow slimmers

Each week there will be a nutrition discussion and then 20/30 minutes of exercise. There will be a 1 to 1 with me within that 6 weeks. At the end of the 6 weeks you can be on your way to a fitter slimmer you.

**Saran Crosbie**  
**@ 087 9863302**

Weekly Advertiser & Guide to  
**WHAT'S ON IN KINSALE & DISTRICT**

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Does your child have problems with...



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**...READING PROBLEMS?**  
**...LIGHT SENSITIVITY?**

Your child may benefit from specialised colour filtered lenses which we can prescribe & dispense at Kennedy's

If you need any further information or wish to discuss any of the above please do not hesitate to contact us or call in.

TUES-THURS: 9.30am-5.30pm

FRI: 8.30am-5.30pm

(Closed for Lunch 1-2pm)

SAT: 9.30am-3pm

(Open through Lunch)

Sunglasses • Low Vision Aids • Prescription Sunglasses • Domiciliary/ Home visits  
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**FULL EYE EXAMINATIONS INCLUDING:**

✓ Glaucoma Screening ✓ Diabetic Screening if Necessary ✓ Age Related Macular Degeneration Screening

## KINSALE COMMUNITY SCHOOL

Principal:  
Mr Seán Ó Broin



Deputy Principal:  
Ms Kathleen O'Brien

# OPEN NIGHT

for prospective students currently  
in sixth class and their parents

**Tuesday 16th October 6.45pm until 9pm**

Principal's Address: 8pm

**Tel: 021 477 3174**

Email: [info@kinsalecommunityschool.ie](mailto:info@kinsalecommunityschool.ie) [www.kinsalecommunityschool.ie](http://www.kinsalecommunityschool.ie)



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



THE MARKET BAR

# Market Jazz 2012

October 26th-28th

## Pod Collage

Jazz & World Music

7 Piece Soul Band

## Louise Murphy & The Ronan McCullagh Trio

4 Young Jazz Musicians from Argentina, South Africa, Tyrone & Cork  
A UK Based Quartet That Will Leave You Astounded

...Expect Jazz of High Standards & Beyond

## REBEL BOOT CAMP

**FITNESS · FUN · FRESH AIR**  
GET FIT OUTSIDE ...FEEL GREAT INSIDE

An outdoor, military style fitness program designed to get men & women of all fitness levels into shape fast.

### NEW EVENING COURSE

Starting in Kinsale 23rd Oct  
Tuesday & Thursday @ 6.40pm

8 week course, cost €150 including Diet Plan

Personal Training available in exclusive town center gym  
@ €40 per session - discounts available for block purchases:

**6 for the price of 5 or 12 for the price of 10**

**4 week Body Blast programme only €200**

1 personal training session & 2 boot camp classes per week  
with diet plan and continuous nutrition support.

for further information or to book your place log onto:

**WWW.REBELBOOTCAMP.IE**  
**OR CALL MARK:086 880 9542**  
**EMAIL INFO@REBELBOOTCAMP.IE**

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38ft Aquastar 'Sundance Kid'

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email: [info@anglingkinsale.com](mailto:info@anglingkinsale.com)

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# THE HOUSE OF HAIR

Guardwell, Kinsale

Prop. Donna Murphy

## NEW @ HOUSE OF HAIR BLOWDRY BAR

STRAIGHT BLOWDRY €10

CURLY BLOWDRY €15

EVERY MONDAY, TUESDAY  
& NOW ALSO THURSDAY

FOR AN APPOINTMENT:  
CALL 021 477 2526

OPEN MON: FROM 10am. TUES, WED & FRI: 9am-6pm  
THURS: 9am-LATE (BY APPOINTMENT) SAT: 8.30am-5pm



## Clinic for – Physical Therapy, REHABILITATION & EXERCISE

26 Haven Bay Apts., Kinsale

### Manual Therapy in:

- Orthopaedic Massage
- Joint mobilisation
- Soft Tissue Rehabilitation
- Medical/Functional Exercise
- Functional Movement
- Neural Stimulation
- Neuro-muscular Therapy
- Postural Alignment

### Treatment for...

- Injury Rehabilitation & Prevention
- Acute & Chronic Pain Management
- Dysfunctional Movement/Posture
- Post-Surgery, Post Physiotherapy Rehabilitation
- Post-Natal physical recovery
- Postural Weakness
- Muscular/neuro-muscular Conditions
- Joint problems

Please call for your appointment: **Sabine Graef** (BEd.SSc, MT)  
Mob: **087 9872783** or email: **sabinegraef@eircom.net**



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**BEST VALUE  
IN TOWN,  
JUST CALL IN!**





# Ena's Hair Salon

Ballinspittle, Co. Cork.  
021-4778776

Free Colour Saving Conditioning Treatment,  
worth €8, with every Colour, Cut & Blow Dry  
Tuesdays, Wednesdays & Thursdays

## -AUTUMN SPECIALS-

1/2 Mesh €50-€55

Full Mesh €70-€75

Semi Permanent Colour only €40  
including Cut & Blow Dry

All Blow Dries €14-€15

Specialising in



**COLOUR HERBE**  
Permanent Hair Colour

Open Tuesday - Thursday: 9am - 6pm  
& Saturday: 9am - 5pm  
Late Opening Friday: 9am - 7pm

## Joy's Relaxation & Therapy Centre

Balinese, Thai, Malay and Swedish Massage



Ideal for Stress Relief

Specialising in:

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**M: 086 368 3968**

Also: Church Yard Lane, Well Road, Douglas, Cork.

T: 021 493 6732 / M: 086 041 6338

Gift Vouchers Available An Ideal Healthy Gift

## THE *Your Local Bar...* **ARMADA** BAR & GUESTHOUSE

Pearse Street, Kinsale Tel: 477 2255

~ Live Music ~

Saturday 13th Oct:

# Allegro

*A Return Visit To The  
Armada By This Very Popular Band.*

Sunday 14th Oct:

# The Ferrymen

~ Plus our Darts, Rings & Pool~

*Traditional  
Irish Food  
Served Daily  
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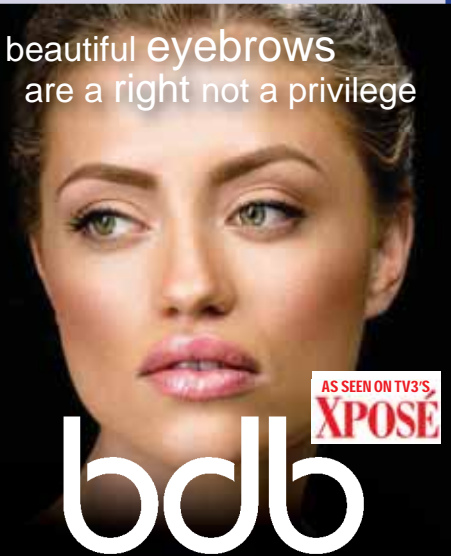
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beauty | salon

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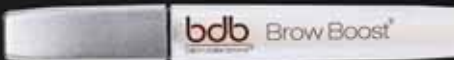
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are a right not a privilege



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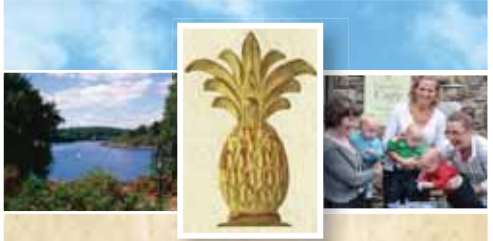


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Sáile Fundraising Party

**FRIDAY 26<sup>TH</sup> OCTOBER**

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Hotel at 9:30pm with DJ



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## HALLOWEEN PARTY



Unleash your inner Zombie at **THRILLER**, a spooky invasion  
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We urge you to have a lifeless appearance  
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BLUES BROTHERS BANNED FROM 11:30PM WILL **JAZZ** UP YOUR HALLOWEEN!

BLUES BROTHERS  
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**Sáile**  
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SPORTS & COMMUNITY  
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# Raffle for Lily-Mae



Lily-Mae Morrison (aged 4) has recently been diagnosed with stage 4 Neuroblastoma.

This is a rare form of cancer that effects 1 in 100,000 children in Ireland  
Lily-Mae likes dinosaurs and dancing, she lives in Claregalway with her parents Jude and Leighton (who also like dancing).

She also likes her little brother Evan, she is very sick at the moment but hopes with your help to be dancing again soon.

**The Sunni Mae Trust was set up in July to raise money for Lily-Mae and children like her, very little is known about this form of cancer and very little funding is allocated to it.**

The Lucy French School Of Dance will run a raffle from September to Christmas  
(The draw will be on the last day of term)

**Tickets are priced at €5 and all proceeds go to the Sunni Mae Trust.**

The prize is a year's free tuition at the school for one child, this is regardless of how many classes they do in a week.

**Tickets on sale at reception of  
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## Thank you

**TO ALL WHO ATTENDED & PARTICIPATED  
IN KINSALE POSITIVE AGEING WEEK.**

A special thanks to everyone who helped make it a wonderful and successful week especially the following:

Haven Bay Care Centre, Bluebird Care, Kinsale UDC., Kinsale Bookshop, Kay O'Sullivan, Sarah O'Sullivan, Ann, Sally O'Neill, Charles Fort Guides and Cafe, West Cork Rural Transport, PJ O'Brien, Maureen Mortimer of the Lord Kingsale, Dermot Ryan- Kinsale Heritage Walks, Carmelite Friary, Teachers and Students of Kinsale Community School, Terry Connolly, Kinsale Parish Assembly, KARA, Kinsale Toastmasters, Sean O'Broin, Cramers Court Nursing Home, Trident Hotel, Kinsale Lions Club, Students of Kinsale Further Education College, Caring of the Elderly Course, Martin & Marie Shanahan of Fishy Fishy Restaurant, Kinsale Tourist Office, Kinsale Library, Jimmy Edwards Bar & Restaurant, The Methodist Church, Lydian, Saile, Kinsale Advertiser, Moloney's Pharmacy, O'Connors Pharmacy, Collins Pharmacy, AIB Bank, Bank of Ireland, White House, Blue Haven, Judging panel for Childrens Art Competition, Mandy O'Brien, Sally Thelen.

And to all the Positive Ageing Week Committee for their hardwork and dedication.

Weekly Advertiser & Guide to  
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KINSALE Prop: Avril Copithorne  
Personal Attention  
Open All Year  
**Tel: 021 477 8002 or 085 729 7233**



**Part/Full Time drivers wanted**  
D & D1 Licence  
4 CPC Certs  
**Please apply to Box No: 14/12**  
c/o Kinsale Advertiser, Emmet Place, Kinsale

**'Home From Home'**  
Individually Heated Kennels • Large outdoor exercise area  
**Tel: 477 0919 - 086 392 3447 - 086 155 1541**  
Don't forget to have your pet's vaccinations up to date! ...see your vet!

**bookstór**  
**PART-TIME STAFF REQUIRED**  
We are looking for someone capable and enthusiastic with a love of books to work part-time in the shop. Hours per week may vary, but will include weekend shifts and work around Christmas.  
Please email or bring a copy of your CV to the shop, or call in for a chat by **Friday 19th October**  
1 Newman's Mall, Kinsale, Co. Cork  
021 4774966 [info@bookstor.ie](mailto:info@bookstor.ie) [www.bookstor.ie](http://www.bookstor.ie)

**Posh Pets**  
PROFESSIONAL DOG GROOMING SALON  
• Ellevue Veterinary Clinic •  
Located in **BANDON & KINSALE**  
for a professional dog grooming service  
**ROYAL CANIN**  
Dog Food Available  
**Contact Susan: 086 874 0711**  
Or Visit the website [www.poshpets.ie](http://www.poshpets.ie)



## PROPERTY

### Fully Furnished Cottages to rent

opposite Garretstown Beach

4 bedrooms/3 bathrooms  
central heating and  
open fireplace

All Kitchen appliances provided  
Satellite TV

Rent is €600.00 per month  
Utilities extra

Please ring Alison on:

**087 6793506**

for more details, or email to [info@kinsalecoastalcottages.ie](mailto:info@kinsalecoastalcottages.ie)



### Apartment to Rent:

Apartment to rent in exclusive Georgian gated development on waterfront in Kinsale. Fully furnished. All mod cons. 1 allocated private car space. Ideal for single person or couple. Available 1/11/12. Rent negotiable. See [www.daft.ie/21264684](http://www.daft.ie/21264684)  
Contact 087 9956714

### Flat to Share

Town Centre: 087 245 8737

### SELF CONTAINED ANNEX TO LET NEAR KINSALE

Seaviews & nice garden  
Reasonable rent to careful tenant  
Call 087 7857506

## WANTED

Family looking for  
4/5 bedroom detached  
house to buy

Preferably Kinsale,  
Summercove, Sallyport,  
Ballinspittle,  
Garretstown, Old Head area

Please send details (in confidence)

**to P.O. Box 19/12**

c/o Kinsale Advertiser,  
Emmet Place, Kinsale

### Ensuite Room To Let Kinsale Town Centre

Tel: 087 226 2101

### TO RENT: LANZAROTE

Beautiful one bedroom apartment with sea views in Matagorda, Lanzarote. Small quiet complex with heated swimming pool. Close to all local amenities. 5 minutes walk to the beach. 10 minutes from airport. Satellite TV including:  
RTE 1, Network 2, BBC's and ITV

087-2355 258  
or 087-986 3302

### TO LET LONG OR SHORT TERM

DOUBLE ROOM EN SUITE  
AND SINGLE ROOM WITH  
SHARED BATHROOM,  
COMMUNAL KITCHEN/DINING  
AREA & LAUNDRY.  
PRICE RANGING FROM  
€75 - €120 PER ROOM PER  
WEEK THIS INCLUDES ALL  
CHARGES AND BROADBAND  
OFFICE HOURS 021 477 4940  
AFTER HOURS 087 267 1904

### Big, bright, beautiful double bedroom Flat to let: **St John's Hill, Kinsale**

Charming renovated Georgian house with lovely sea views and access to gardens at The Bowling Green and walking Compass Hill. €450 p/month. Tel: 087 6258227

## CLASSES/GRINDS

**ITALIAN LANGUAGE CLASSES**  
Italian Mother Tongue, adults & children  
Speaking, Grammar, Written  
**Call: 085 840 0381**

**Maths Grinds**  
**023 8849523**

Kilbrittain Area, 17 years experience.  
Second and Third level, Includes Project Maths.

## Spanish Classes

*Beginners - Improvers - Advanced*  
**Grammar, speaking & writing**  
Available for adults & children  
**Call 087 741 7030**

## HAIR, HEALTH & BEAUTY

### Bioenergy Healing Therapy KINSALE

Safe, simple, relaxing, revitalising healing for all conditions, for all ages. Experience the healing power of this ancient system of energy and aura balancing in Kinsale from one of Ireland's few level 3 certified therapists

For appointments & queries contact:

**Barry @ 086 866 2535**  
[thebioenergyclinic.ie](http://thebioenergyclinic.ie)



### FOOT HEALTH CARE

Corns ~ Callus ~ Nail Care  
Home Visits Available

**Helena Hurley** DipCFHP, MPSPract  
**Call - 087 2749853**

## FINTAN LYNCH

### HAIRDRESSING

61 MAIN STREET, KINSALE

Tel: 021 477 3900

Open Tues-Fri 9am-5.30pm | Sat 9am-4pm

OPEN LATE THURSDAYS UNTIL 8pm

NOW ALSO OPEN ON MONDAYS

COLOUR HERBIE  
Professional Hair Colour

Booking  
Advisable!

L'OREAL  
L'OREAL PARIS

*Michelle's*  
*Hair Creations*  
LADIES & GENTS

Open  
Tuesday to Saturday  
9.30am - 5.30pm

**T: 021 477 3133**

14 Pearse Street, Kinsale, Co. Cork





Do you have  
allergies???

Food testing  
using Kinesiology  
(Muscle-testing)

Yoka Pauelsen,  
Kinesiologist, Kinsale  
Kinesiology Clinic  
Email: yokapauelsen@  
hotmail.com

Tel: 087-9626000

### ACUPUNCTURE

- Stop Smoking 
- Weight Loss 
- Regular Sleep
- Relief from  
Migraine, Stress  
& Depression

Call: 085 784 1369  
[avacudetox@gmail.com](mailto:avacudetox@gmail.com)

## KINSALE ADVERTISER

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THE ADVERTISER**  
[www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com)

PDF uploaded every Thursday (3mb approx).  
Back issues also available.



## CHILDCARE

Fun child developmental classes through Music, Puppetry, Singing, Dancing & Story-Telling



### Bumble-Bees

Kinsale Classes: Tuesdays & Fridays  
Bandon Classes: Mondays

**BOOK NOW**

Ages 8mts-5yrs.  
to attend with parent/carer

**CECILY COTTER: 086 371 2626**

**BOOK NOW - [www.bumble-bees.ie](http://www.bumble-bees.ie)**



### Little Rascals Crèche & Montessori School



Little Rascals is a State of the Art facility,  
In its superb setting at Compass Quay we offer:  
• Baby-Room/Toddler-Room • Montessori Classes (free ECCE scheme) • After-School Club (school collection)

We offer a Montessori programme to meet all your child's social, emotional and intellectual needs.  
• A spacious Car Park • Large secure Gardens with playgrounds • Large bright colourful rooms

**Fiona: 021 477 7687 - 087 224 8816**

[fionaodonovan08@gmail.com](mailto:fionaodonovan08@gmail.com)



**SOME SPACES HAVE  
JUST BECOME AVAILABLE  
CONTACT US FOR DETAILS**

**FREE ECCE PRESCHOOL YEAR**

3hr SESSIONS, BOOK NOW - NO ADDITIONAL COSTS

**CONTACT NUALA @ 087 7637266**

## FOR SALE



### PUPS FOR SALE

Siberean Huskey Pups  
(available soon) Micro chipped,  
fully vaccinated & IKC registered

**Call 087 2074640**

## Childcare Facility

*Catering for children of all ages*

For details call Sue: 087 8525798

## HOME CARE

### The Katy Perry Kids Party

TOP QUALITY SHOW FOR YOUR CHILD'S SPECIAL DAY

Live Concert • Fun & Games  
Face Painting • Nail Art  
Call: 085 2070950



### HOME CARER

with many years experience in personal care,  
available for work in Kinsale area.

**Enquiries to PO Box 18/12**

c/o Kinsale Advertiser, Emmet Place, Kinsale

## MARMALADE PARK MONTESSORI

HIGH SCOPE & ALL DAY CARE CRECHE  
0 TO 5 YEARS

**MORE SPACE AVAILABLE NOW  
FOR PART TIME & FULL DAY**

Contact Janice O'Connell

**086 277 0943**



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## NOTICES

**GOOD LUCK TO THE  
KINSALE AFC U12 GIRLS**  
in the Final, Sat 13th Oct in Dublin!!!



Friday 12th October  
(Today)

**Flag Day in Kinsale**  
**9am-6pm**

*Your support is much appreciated*

## Kinsale Hal lowe'en Parade

Wednesday 31<sup>st</sup> Oct, 4pm

Gather in costume in the Town Park, Pier Rd.

**Cork Branch of the Irish Wildlife Trust**  
are working with Coastwatch to encourage the surveying of our local beaches. The survey finishes on 15th Oct, is carried out before low tide and no knowledge is required. This is an annual survey and is important in that it helps to understand how our beaches are being managed and what issues of concern there are locally.

If anyone is interested in finding out more please contact: [Corkbranch@gmail.com](mailto:Corkbranch@gmail.com).

### Kinsale Active Retirement Association

**Tuesday 16th October:**  
Whist Drive + Instructions  
Temperance Hall, 2.30pm

### Kinsale's New Charity **Support & Nurture**

would like to thank EVERYONE who helped make our recent launch such a wonderful success.

Thanks too to Dunderrow School, Haven Bay, Kinsale Community School, White House, Fishy Fishy & The Trident for being such generous hosts to the Kenyan Ambassador.

[www.supportandnurture.com](http://www.supportandnurture.com)

Facebook/supportandnurture

Communities Supporting Communities

Padraig Fitzgerald & Gerard Timmons  
of The Kinsale Peace Project  
are delighted to announce the visit of



**Sister Consilio  
to Kinsale on  
November 16th**

Details to be confirmed  
*Stay Tuned...*

Are you thinking of participating in any forthcoming marathons or other sporting events? You might please consider the Kinsale & District Day Care Centre as your chosen charity.

**For info please contact  
Kathy @ 021 4709625**

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## NOTICES

### Kinsale Heritage Town Walk

**DERMOT RYAN 086 826 7656**

From The Tourist Office

at 10.30am Daily & 3pm (by Appointment)

Number 1 Kinsale Attraction & Cert of Excellence on



**BEST GUIDE IN IRELAND AWARD**

-IRISH INDEPENDENT

Adults €5, Children Free

### Set Dancing Class

Monday nights, Temperance Hall, 8.30pm

No experience required.

Enquiries to Fionan Cogan:

087 818 5111 or ceilifit@gmail.com

### Mad Hatters Craft Fair!

Face painting  
Jewellery  
Lucky Dip  
Cheese  
Home baking  
Fun  
Plants

Gifts  
Food  
Home-grown Produce  
Coffee, Tea  
Crafts

Have a great time.

**OCTOBER**  
**13TH**  
**10-6PM**

Kids "Mad Hat" Competition @ 3pm

Temperance Hall Kinsale  
(Opposite Tourist Info office)

## WANTED:

### Adult Hockey Players

for a friendly social game every Monday, 8pm at Sáile Sports Centre. Spare sticks available on request. Further details: [info@sailesportsandleisure.ie](mailto:info@sailesportsandleisure.ie)

### DON & BARRY'S HISTORIC STROLL, KINSALE

From the Tourist Office  
@ 11.15am Daily

"Excellent ...Kinsale's single best attraction" - Rick Steves

[www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com) Tel: 087 2500731

Adults €6 / Children €1

-CELEBRATING OUR 20TH SEASON-

# Kinsale Craft Fair

Sunday October 14th  
Temperance Hall

### Kinsale Rugby Club

Sun 14th Oct: Kinsale v Carrick On Suir  
Snugmore, Kinsale @ 2.30pm

You can now do the Kinsale RFC lotto online at [www.kinsalerfc.com](http://www.kinsalerfc.com)

**Baby Massage Classes For Parents**  
Starting soon in Kinsale.  
Anne-Marie Levis (CIMI) 087 967 3143  
VHI, Aviva and Quinn Approved

## HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



This Week's TimeTable

Sat 13th Oct @ 2pm

Sun 14th Oct @ 2pm

Weekends Only in October

Complimentary Tea/Coffee Served  
Cruises are subject to weather and tide.

**T:086 250 5456**

[www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)

for the very latest see... [www.kinsaleadvertiser.com/whats-on](http://www.kinsaleadvertiser.com/whats-on)

**KINSALE GOURMET FESTIVAL**

**FRI 12th OCT**

**BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

**BLUE HAVEN:** Sons of Steve McQueen, 10pm.

**CRACKPOTS RESTAURANT:**

Billy Crosbie's Piano Bar.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**FOLKHOUSE:**

Crazy Chester.

**HAMLETS:** DJ Rayz.

**KINSALE GOURMET FESTIVAL:**

3pm, Cook Off, Short Quay.

with Mc Derek Davis.

6.30pm, Festival Opening &

Black Tie Ball.

[www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)

**SPANIARD BAR:**

Martin & Friends, 9pm.

**St. VINCENT DE PAUL:**

Kinsale Flag Day, 9am-6pm.

**TEMPERANCE HALL:**

Drum Circle, 7.30pm.

**THE WHITE HOUSE:**

Shane & Friends, 9.30pm.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**FOLKHOUSE:**

Uncharted.

**HAMLETS:** DJ Mark, 9pm.

Crazy Chester 10pm.

**HARBOUR CRUISE:**

From The Pier @ 2pm.

**EUROSPAR KINSALE:**

Food & Wine Tasting, 12noon-3pm.

**KINSALE GOURMET FESTIVAL**

11.30am, The Mad Hatters

Taste of Kinsale.

[www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)

**LORD KINGSALE:** Live Music

with Kevin McSweeney.

**RIVERSTICK COMMUNITY**

**HALL:** Afternoon Tea in of

Action Breast Cancer,

2.30pm-5pm.

**SPANIARD BAR:**

For Folk Sake, 9.30pm.

**WHARF TAVERN @**

**THE TRIDENT HOTEL:**

Tim O'Riordan, 9pm.

**TEMPERANCE HALL:**

Mad Hatters Craft Fair, 10am-6pm.

**THE WHITE HOUSE:**

The Big Ordeal, 10.30pm.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**FOLKHOUSE:**

The Diplomats.

**HAMLETS CAFÉ BAR:**

Crazy Chester, 9.30pm.

**HARBOUR CRUISE:**

From The Pier @ 2pm.

**KINSALE GOURMET FESTIVAL**

Fruits de Mer Luncheon, 1pm

[www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)

**KINSALE RFC:**

Kinsale V Carrick on Suir.

Snugmore, KO 2.30pm.

**TEMPERANCE HALL:**

Kinsale Craft Fair.

**MON 15th OCT**

**BLUE HAVEN:**

Trad with John & Friends.

**DALTONS BAR:**

Traditional Irish

Music & Ballads.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**TEMPERANCE HALL:**

Set Dancing, 8.30pm.

**TUES 16th OCT**

**ACTIVE RETIRED**

**ASSOCIATION:**

Whist Drive & Instructions,

Temperance Hall, 2.30pm.

**BLUE HAVEN:**

Sonny & Friends, 9.30pm.

**BLUE HAVEN**

**COOKERY SCHOOL:**

Coeliac Cooking, 7pm.

**DALTONS BAR:**

Traditional Irish

Music & Ballads.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**KINSALE COMMUNITY**

**SCHOOL:** Open Night for

students & parents, 6.45pm.

Principal's address, 8pm.

**MOTHER & BABY GROUP:**

Lemon Leaf Café, 10am

**KINSALE BRIDGE CLUB:**

Trident Hotel, 7.30pm.

**WED 17th OCT**

**BLUE HAVEN:** Trad with John & Friends, 9.30pm.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**HAMLETS CAFÉ BAR:**

Niall McCabe Band

**SPANIARD BAR:**

Trad Session with Tom.

Every Wednesday.

**THURS 18th OCT**

**BACCHUS NIGHTCLUB:**

with DJ Mark, 11.30pm.

**BLUE HAVEN:**

Comedy Night with

Barry Murphy (Apres Match)

plus Willie White, 8pm.

**BLUE HAVEN:**

Trad with John & Friends

**DALTONS BAR:** Traditional

Irish Music & Ballads.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

The Tourist Office, 11.15am.

**FOLKHOUSE:**

The BlueJays

**HAMLETS CAFÉ BAR:**

Darren, Sonny & Friends.

**WHITE HOUSE:**

Shane & Friends, 9.30pm.

**FRI 19th OCT**

**BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

**BLUE HAVEN:**

Crazy Chester, 10pm.

**DERMOT RYAN'S HERITAGE**

**WALKS:** 10:30am & 3pm (by apt) From The Tourist Office.

**DON & BARRY'S TOURS:**

From The Tourist Office,

11.15am Daily.

**FOLKHOUSE:**

Natalie Drey (France).

**HAMLETS CAFÉ BAR:**

Coyote Night with

Rosanna Davison,

plus Live DJ, 9pm

**SPANIARD BAR:**

Martin & Friends, 9.30pm.

**WHITE HOUSE:**

Shane & Friends, 9.30pm

# Afternoon Tea

Riverstick Community Hall

**Saturday 13th Oct, 2.30pm-5pm**

In Aid of Action breast Cancer



Come on Girls  
Get on Board



*Smith's* of Kinsale  
**SuperValu**  
 Real Food, Real People

**€3**  
**MEAT SALE**



SuperValu Fresh Irish Round Steak Mince  
 530g was €5 **Now €3**

SuperValu Fresh Irish Dry Cure Bacon Chop  
 with Mustard Butter 384g was €5 **Now €3**



SuperValu Fresh Salmon Darnes  
 2pce 240g **Now €3**

SuperValu Fresh Irish Sliced & Diced  
 Chicken Pieces 370g was €5 **Now €3**



**€15**  
**EACH**



Budweiser Bottle Pack 20 x 300ml  
 Corona/Corona Light Btl PK 12 x 355ml  
 Budweiser Can Pack 12 x 500ml

**€2**  
**PIZZA SALE**



**All your  
 favourites...**

Details Instore

**All offers valid from Monday 8th October until Saturday 13th October 2012.**  
 All offers subject to availability while stocks last. Enjoy alcohol responsibly. Customer quotas may apply.



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